

Lectio Divina Group Method

1. Read the passage aloud
 - Think about what's happening in the scene
 1. Who's there? Usually, Jesus and someone else.
 2. What's happening? What are they doing? What are they saying to Jesus?
 3. Where are they? Is that significant?
 4. When is it taking place?
 5. How are they relating to Jesus? How is this scene affected by previous passages?
 - Silently pray about it for 2-3 minutes
2. Each group member **shares a word** that they are drawn to
3. Read the passage out loud a second time
 - Read the commentary silently. The commentary can often provide insights, helping you understand the passage or bringing up a thought you want to explore further.
 - Silently pray for 2-3 minutes
5. Each group member **shares a phrase** that was on their heart
6. Group discussion from the questions suggested in the EIC workshop:
 - What does the Lord want me to hear from this passage about Who He is? About Jesus' gift of self for me, about the Father's desire for me to draw near Him, and about the Holy Spirit's presence and aid in my struggles?
 - What does the Lord want me to hear from this passage about my life, and how can I let Jesus live in me more fully? What is the Lord showing me about how I can welcome Him into my life and love Him more?
 - What does the Lord want me to hear from this passage about the happiness and fullness of life He wants to give me? How is the Lord showing me I can hope in Him, desire heaven, and trust His promises more?
7. Silently pray for 2-3 minutes
 - Talk with God about the passage and your reflection. Honestly relate to God what has come up in your heart. Whether it's just passing or very deep, tell God about it.
 - When that comes to its natural completion, you'll be silent and naturally receptive to God. Just rest in the quiet presence of God and receive his grace in that moment. When ready, return to prayer.
 - Allow this grace to move you toward a deeper connection to God in attitude, desire, or action. Respond as you feel called to.
 - Each group member may consider writing down a resolution and possibly sharing it with the group.
8. Invite participants to pray a short prayer out loud if they feel called. This could be based on the phrase that struck them or what came to them during their silent prayer.